



2023

SWIM T3 AUCKLAND LC JUNIORS (50m)

West Wave Aquatic Centre, Alderman Drive, Henderson
Friday 24th - Sunday 26th March 2023



SWIM T3
New Zealand's Swimming and Triathlon Specialists





Session 1 Friday 24th March 2023		
Warm-Up 4.00 – 4.45 pm Start 5.00 pm		
<i>Event</i>	<i>Distance/Stroke</i>	<i>Gender</i>
1	4 x 50 Free Relay	Mixed (2 boys/2 girls)
2	100 Fly	Mixed
3	400 Free (12 & Under)	Mixed
4	50 Breast	Mixed
Session 2 Saturday 25th March 2023		
Warm-Up 8.00 – 8.45 am Start 9.00 am		
<i>Event</i>	<i>Distance/Stroke</i>	<i>Gender</i>
5	4 x 50 Medley Relay	Mixed (2 boys/2 girls)
6	100 Breast	Mixed
7	400 IM (12 & Under)	Mixed
8	50 Free	Mixed
Session 3 Saturday 25th March 2023		
Warm-Up 2.00 pm – 2.45 pm Start 3.00 pm		
<i>Event</i>	<i>Distance/Stroke</i>	<i>Gender</i>
9	50 Free Kick	Mixed
10	200 Breast	Mixed
11	100 Back	Mixed
12	200 Fly (12 & Under)	Mixed
Session 4 Sunday 26th March 2023		
Warm-Up 8.00 – 8.45 am Start 9.00 am		
<i>Event</i>	<i>Distance/Stroke</i>	<i>Gender</i>
13	4 x 100 Medley Relay	Mixed (2 boys/2 girls)
14	200 Free	Mixed
15	50 Back	Mixed
16	200 IM	Mixed
Session 5 Sunday 26th March 2023		
Warm-Up 2. 00 pm – 2.45 pm Start 3.00 pm		
<i>Event</i>	<i>Distance/Stroke</i>	<i>Gender</i>
17	4 x 100 Free Relay	Mixed (2 boys/2 girls)
18	100 Free	Mixed
19	200 Back	Mixed
20	50 Fly	Mixed



LC QUALIFYING TIMES

2023 Auckland Juniors (50m)
Age as at 18th March 2023

LC Male					LC Female			
12	11	10/U	9/U	Event	9/U	10/U	11	12
33.50	35.50	39.50	43.00	50 Free	43.00	39.50	35.50	33.50
1.12.50	1.18.50	1.27.00	1.36.00	100 Free	1.36.00	1.27.00	1.18.50	1.13.00
2.39.00	2.52.00	3.08.00	3.15.00	200 Free	3.15.00	3.08.00	2.52.00	2.41.00
5.35.00	5.35.00	5.35.00	5.35.00	400 Free	5.35.00	5.35.00	5.35.00	5.35.00
39.50	42.00	45.00	49.00	50 Back	49.00	45.00	42.00	39.50
1.25.00	1.31.00	1.41.00	1.48.00	100 Back	1.48.00	1.41.00	1.31.00	1.25.00
3.00.00	3.10.00	3.25.00	3.32.00	200 Back	3.32.00	3.25.00	3.10.00	3:00.00
45.50	49.00	52.50	59.00	50 Breast	59.00	52.50	49.00	45.50
1.35.50	1.44.00	1.53.50	2.07.00	100 Breast	2.07.00	1.54.50	1.44.00	1.36.50
3.28.00	3.40.00	3.59.50	4:14.00	200 Breast	4:14.00	3.59.50	3.40.00	3.28.00
38.00	40.50	48.00	53.00	50 Fly	53.00	48.00	40.50	38.00
1.30.00	1.40.00	1.55.00	2.00.00	100 Fly	2.00.00	1.55.00	1.40.00	1.30.00
3.21.00	3.21.00	3.21.00	3.21.00	200 Fly	3.21.00	3.21.00	3.21.00	3.21.00
3.01.00	3.15.00	3.29.00	3.54.00	200 IM	3.54.00	3.39.00	3.15.00	3:01.00
6.25.00	6.25.00	6.25.00	6.25.00	400 IM	6.25.00	6.25.00	6.25.00	6.25.00



MEET CONDITIONS & INFORMATION

Swimming Auckland Championships are conducted under SNZ and ASA Regulations with the following conditions and criteria.

- Eligibility:** Entries are open to all registered competitive swimmers who have achieved the qualifying time.
- Qualifying Period:** There is no qualifying period.
- Age:** Age as at 04th March 2023. Swimmers to contest their own age group.
- Individual Entries:** Converted times can be used. Except for athletes with a current PARA classification, non-qualifying times (NQT) will not be accepted
- 400 Free, 400 IM & 200 Fly:** These are designated 12/U events.
- 50m Free Kick:** Hands and arms must be extended on the board at all times. Swimmers will be seeded on their 50m Free time.
Swimmers must have qualified for the 50m free and entered at least 1 individual stroke event.
- 12/U Tech Suit Restriction:** **PLEASE NOTE THAT THE ASA TECH SUIT RESTRICTION POLICY APPLIES TO ALL 12/U SWIMMERS.**
If in doubt please get your Team Manager to check with the Technical Director BEFORE the start of the session
- Closing Date:** Closing date **Monday 13th March 2023** at 11.59pm
- LATE ENTRIES WILL ONLY BE ACCEPTED IN ACCORDANCE WITH ASA RULE R8.6.2. The fee for a late entry shall be \$50 per entry. No late entries will be accepted in the Control Room without payment of the correct fee.
- Entries:** To be entered directly into the SNZ Database
- Entry Fees:** Individual Entries:
Registered Swimmers \$15.00 per entry incl. GST.
- Relay Entries
Registered Clubs \$25.00 per entry incl. GST.
- Payment to be made via credit/debit card at time of entry.**
- Payment by clubs:
Direct Credit
Account number 12-3011-0757520-00
Ref: ASA Juniors Code: Please use club abbreviation e.g. AKLME
- Withdrawals:** **NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed. All withdrawals for Session 1 are to be received at the Auckland Swimming office by **9am Friday 24th March 2023**. Withdrawals for Sessions 2-5 must be into the AOD control room within by the end of the preceding session or emailed to akswim01@gmail.com. The same time frames apply to all email withdrawals.
- Penalties: R7.10.2** A Penalty Fee of \$25 per event will be charged for late or non-withdrawals regardless of circumstance (including medical)
If you become unwell, a household contact or test positive for covid, before or during the event, you may scratch with no penalty. You will however be scratched from the entire and/or remainder of the meet.



For example;

You scratch from an event(s) on Friday due to being unwell, a household contact or testing positive for covid – you will be scratched from the rest of the meet.

You scratch from an event(s) on Saturday due to being unwell, a household contact or testing positive for covid – you will be scratched from the remainder of the meet

Protests:

Protest fee = \$100. Payable upon submission of correctly completed protest form.

Athletes with a Disability:

The ASA has a “mainstreaming” policy relating to athletes with a disability. Athletes who hold a Para Classification are eligible to participate in this programme and will be seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility of the athlete with a disability (or their Team Manager) to inform the Referee before they swim of their IPC Classification and to supply the Referee with their IPC Classification Card. The Referee will use their best efforts to judge the swim under the applicable IPC Rules.

Mixed Timed Finals:

All events are mixed gender and swum as timed finals. **They will be swum Slowest to Fastest**

Relays:

All Relays are 12/U. Teams must be composed of 2 boys and 2 girls.

Starts:

All events will be swum as ‘Over the Top’ starts and the FINA One Start Rule (SW 4.4) will apply.

Marshalling:

This is a self-marshalling event. Team managers and swimmers are responsible for ensuring they are prepared behind the starting blocks at the start of the preceding race. No races will be delayed if swimmers fail to appear for their event.

Pool Deck:

All swimmers must display an ASA accreditation card.

All Team Managers must be on the SNZ Database and Police vetted.

Officials must wear their ASA Officials shirt or an ASA accreditation card and be police vetted.

Coaches must display their NZSCAT accreditation.

No access to the poolside area will be permitted without valid accreditation.

Warm-up Supervision:

It is an ASA requirement that all swimmers are supervised during warm-up by an NZSCAT accredited coach. This is to ensure the Health and Safety of all swimmers during what can be a chaotic time. If your coach is not attending the meet then you need to arrange a coach from another club to supervise your swimmers during warm-up. Parents / Team managers are not permitted to supervise swimmers during warm-up.

Medals:

Medals will be awarded to the top three Auckland place-getters in each event by gender and age group.

10/U, 11, 12. A maximum of two visitor medals will be awarded in each age-group, in each event if finishing in the top three places.

*Exceptions: Mixed 12/under 400 Free, 400 IM and 200m Fly are designated 12 & under events. Only one set of medals per gender (plus visitor medals as appropriate) will be issued.

Relays are 12/U and only one set of medals per event (plus visitor medals as appropriate) will be issued.

Free Kick place getters will be awarded SwimT3 Vouchers

Trophies:

Hallyburton Johnson Shield: Top Club Points

Accumulated points from Age-Group Individual Championships

Age Group Events Points:

9, 7, 6, 5, 4, 3, 2, 1

Child and Member



Protection Policy:

SNZ operates a Member Protection Policy

All participants in this meet agree to be bound by the conditions of those protocols as a condition of entry.

All participants must agree to comply with the Sports Anti-Doping Rules

In entering this Competition, participants agree to allow photograph, video, multimedia or film likeness taken by accredited photographers, to be used for any legitimate purpose by Swimming Auckland, their sponsors or others.

Photography:

Spectators wishing to use long-lensed cameras must register with ASA 3 days prior to the meet commencing. Please send requests to aucklandswimming@gmail.com